

First United Methodist School
PHYSICAL EDUCATION and HEALTH
 Miss Roxanne Robertson

Class Room Overview

1. Students' physical well-being and health are important issues. Students will be taught skills and rules of various games and be given health information to make decisions that will impact their lives as they grow.
2. All students are expected to participate to the best of their ability - to do their best. To do so, they must dress appropriately - shorts/pants (no skorts) and athletic shoes are a must. Students with shoulder length hair and longer are highly recommended having their hair up off their neck and away from their face during class.
3. To be excused from physical activity, students must have a signed note from a parent/doctor/teacher stating the reason the student is sitting out. No note results in a zero daily grade. The student will also sit out at recess.
4. Students need to display good sportsmanship and attitudes at all times.
5. Only handle Physical Education equipment when asked to do so.
6. Water bottles are not required, but are strongly recommended. Water bottles will be available for purchase for \$1 each. All proceeds will be used to purchase additional Physical Education equipment.

Class Room Management

1. Positive reinforcement is used throughout the class. "Caught doing good," rewards students going beyond the expected behavior. Students may also be chosen for Lunch with the Principle.
2. Students with below the expected behavior are given verbal warnings and reminders of the class rules. Continued misbehavior will result in recess time-out and/or daily point reduction.
3. Intervention - Several avenues including redirection, conflict resolution, and parent contact are utilized before a lunch detention is assigned to any student who continually violates any of the Class Grading Policies.

Grading Policy

Students are not graded on their mastery of a skill, but based on the following:

K - 6th Grade

Proper uniform and shoes to participate. (10 points)
Listening and following directions during class. (10 points)
Attempting to learn the specific skills in a unit and trying their best. (10 points)
Displaying good sportsmanship and attitudes. (20 points)

6th grade students include participation in Health/PE discussions (10 points) and oral and written quizzes (10) and tests (30.)

K - 5th Grades	6th Grade
O - 40-50	A - 90-100
G - 30-39	B - 80-89
S - 29 and below	C - 70-79
Behavior:	D - 60-69
I-Improvement Needed	F - 59 and below

Progress Reports will be sent home to those students receiving four or more policy violations in any nine-week grading period.

Pace, not race or chase! CARE, SHARE, PLAY FAIR!

FLIP with enthusiasm and success and **DIVE** deep when needed to reach your goals!
FLIP - **F**ollow Directions, **L**ove God and Others, **I**ntegrity Always, **P**ersonal Responsibility
DIVE - **D**ive **I**nto **V**olumes of **E**ducation

First United Methodist School Mission Statement

To instill within the student a sense of responsibility
 for continuous spiritual and intellectual growth.